



All sessions **must be booked** through the Native bookings system.

Details correct at time of printing. All sessions are subject to change. Live detail available on the session page on Native. Some sessions are at external facilities - meet time, location and transport information available on the session page. EXT refers to an off-campus taster.

Download the Oriam App for tasters, bookings and memberships

Sport Oriam 1	Activity	Date Mon 2nd - Sat 8th	Location	Time 11:00 & 15:00	Link Book Now
Oriam			Oriam Reception		Book Now
Aikido	Open	Sunday 8th Sept	Studio 1	12:45 - 15:00	Book Now
	·	Tuesday 10th Sept		19:30 - 21:30	Book Now
	Open	Thursday 5th Sept	Academy Synthetic	20:30 - 10:00	Book Now
American Football		Tuesday 10th Sept	Indoor Synthetic	20:30 - 22:00	Book Now
	Flag	Wednesday 11th Sept	Academy Synthetic	14:30 - 16:00	Book Now
Archery	Open	Friday 6th Sept	Sports Hall 2	19:00 - 21:45	<u>Book Now</u>
		Saturday 7th Sept		15:00 - 18:00	Book Now
Auh 1 - 11	Sprints/Hills	Monday 9th Sept	Oriam Reception	17:00 - 18:00	Book Now
Athletics	Track	Wednesday 11th Sept	EXT - Saughton	15:00 - 16:30	Book Now
	Beginners			17:30 - 18:45	Book Now
	Intermediate	Thursday 5th Sept		18:45 - 20:00	Book Now
Badminton		Saturday 7th Sept	Sports Hall 2	11:00 - 13:00	Book Now
	Open	Monday 9th Sept		18:45 - 21:00	Book Now
	Wamang		Sports Hall 1 Court A	<u>16:30 - 18:00</u>	
Deelvethell	Womens	Friday 6th Sept	Sports Hall 1, Court A	• • • • • • • • • • • • • • • • • • • •	Book Now
Basketball	Mens	Sunday 8th Sept	Sports Hall 1	12:30 - 14:00	Book Now
	Rec	Tuesday 10th Sept	Sports Hall 1, Court A	16:00 - 17:30	<u>Book Now</u>
	Ergs - Women	Thursday 5th Sept	Rowing Studio	15:00 - 15:45	<u>Book Now</u>
	Ergs - Open	Thursday 5th Sept	Rowing Studio	16:00 - 16:45	<u>Book Now</u>
	Rowing	Saturday 7th Sept	Strathclyde Park	12:00 - 15:30	<u>Book Now</u>
Boat	Rowing	Sunday 8th Sept	Strathclyde Park	12:00 - 15:30	Book Now
DUdi	Ergs - Open	Tuesday 10th Sept	Rowing Studio	16:00 - 16:45	<u>Book Now</u>
	Ergs - Open	Thursday 12th Sept	Rowing Studio	11:00 - 11:45	Book Now
	Rowing	Saturday 14th Sept	EXT - Strathclyde Park	12:00 - 15:30	Book Here
	Rowing	Sunday 15th Sept	EXT - Strathclyde Park	07:30 - 13:00	Book Here
Boccia	Open	Monday 9th Sept	Sports Hall 1, Court A	15:00 - 16:30	Book Now
		Friday 6th Sept		15:45 - 17:15	Book Now
Boxing	Open		Sports Hall 2	17:15 - 18:45	Book Now
		Monday 9th Sept		·	
	Pom	Thursday 5th Sept	Studio 1	16:00 - 17:30	Book Now
Cheerleading	Open	Sunday 8th Sept		18:00 - 21:00	Book Now
	·└────────↓	Wednesday 11th Sept		14:00 - 16:00	<u>Book Now</u>
Cricket	Open	Saturday 7th Sept	Sports Hall 2	13:00 - 15:00	<u>Book Now</u>
	Nets	Sunday 8th Sept	EXT - James Gillespie HS	09:00 - 10:00	Book Now
	Road - Intermediate	Thursday 5th Sept	External	10:00 - 18:00	Book Now
Cycling	Mountain - Int/Adv	Saturday 7th Sept EXT - Glentress 10:	10:00 - 17:00	<u>Book Now</u>	
	Open	Wednesday 11th Sept	EXT - Pentlands	14:00 - 18:00	<u>Book Now</u>
	Contemp		Studio 1	15:00 - 15:45	Book Now
	Lyrical			16:30 - 17:15	Book Now
	Ballet	Thursday 5th Sept		18:30 - 19:15	Book Now
Dance	Street	· · ·	Studio 2	19:15 - 20:00	Book Now
	Highland			20:00 - 20:45	Book Now
	Jazz		Studio 1	15:00 - 15:45	Book Now
		Friday 6th Sept	Studio 2	15:45 - 16:30	Book Now
Equestrian	Тар	Wednesday 11th Sent			
Equestrian	Open	Wednesday 11th Sept	ТВС	11:00 - 14:00	Book Now
Fencing	Open	Friday 6th Sept	Sports Hall 2	17:15 - 18:45	Book Now
	┝━━━━━━━━┥	Wednesday 11th Sept		16:30 - 18:00	Book Now
	Mens	Monday 2nd Sept	Indoor Pitch	17:30 - 19:00	<u>Book Now</u>
Football	Womens	monday zna ocpt	Academy Synthetic	20:30 - 22:00	Book Now
	woniens	Friday 6th Sept	Indoor Pitch	12:30 - 14:00	Book Now
	Open	Thursday Eth Cont	Sports Hall 1, Court A	16:00 - 17:30	Book Now
Futsal	Womens	Thursday 5th Sept		10.00 - 17:30	Book Now
	Open	Sunday 8th Sept	Sports Hall 2	11:00 - 12:30	Book Now
	Open	Thursday 5th Sept	Grass Rugby 1	17:30 - 19:00	Book Now
Gaelic Football	Mens			11:30 - 13:00	Book Now
	Womens	Saturday 7th Sept	Academy Synthetic	13:00 - 14:30	
	woniens	Thursday 5th Cant		13.00 - 14.30	Book Now
Golf	Driving Range	Thursday 5th Sept	Squash Courts	12:00 - 14:00	Book Now
	┝━━━━━━━┥	Tuesday 10th Sept			Book Now
Handball	Open	Thursday 5th Sept	Sports Hall 1, Court B	15:00 - 16:30	Book Now
Hockey	Open	Monday 9th Sept	EXT - Peffermill Astro	20:30 - 22:00	Book Now
Ice Skating	Ice Skating	Thursday 5th Sept	EXT - Murrayfield Ice Rink	18:15 - 21:00	Book Now
Kayak	Pool session	Tuesday 10th Sept	EXT - Balerno HS	20:00 - 21:30	Book Now
	Power			10.00	Book Now
Lifting	Weight	Friday 6th Sept	Performance Gym	18:30 - 20:30	Book Now
		Friday 6th Sept	EXT - Alien Rock		Book Now
Mountaineering	Open			10:00 - 16:00	Book Now
wountaineering	Open	Saturday 7th Sept	EXT - The Climbing Hangar	12.00 15.00	
		Sunday 8th Sept	EXT - Pentland Hills	12:00 - 15:00	Book Now
	Open	Thursday 5th Sept	Sports Hall 1	17:30 - 19:00	Book Now
Netball					
<u>Netball</u> Rugby	Mens	Friday 6th Sept	Indoor Pitch	14:00 - 16:00 17:00 - 19:00	Book Now Book Now

Sport	Activity	Date	Location	Time	Link
Snowsports	Rec Session	Sunday 8th Sept	EXT - Hillend	13:30 - 15:00	Book Now
	Lessons and rec	Tuesday 10th Sept		19:30 - 21:00	<u>Book Now</u>
	Freestyle & Race	Wednesday 11th Sept		14:25 - 16:15	<u>Book Now</u>
Squash	Women's	Friday 6th Sept	Squash Courts	15:30 - 16:30	Book Now
	Beginners			16:30 - 17:30	<u>Book Now</u>
	Intermediate			17:30 - 18:30	<u>Book Now</u>
Swimming		Thursday 5th Sept	EXT - James Gillespie HS	20:45 - 21:45	Book Now
	Open	Friday 6th Sept		20:30 - 21:45	<u>Book Now</u>
		Monday 9th Sept	Ext - Queensferry HS	20:45 - 21:45	Book Now
Table Tennis	Open	Friday 6th Sept	Studio 1 & SQ 7+8	19:00 - 21:00	Book Now
Taekwondo	Open	Thursday 5th Sept	Studio 1	19:15 - 21:45	Book Now
Tennis	Racketlon	Monday 2nd Sept	Various	17:00 - 19:30	Book Now
	Drop-in & Play	Tuesday 3rd Sept	Tennis Courts	12:00 - 16:00	<u>Book Now</u>
	Intermediate/Adv	Thursday 5th Sept		14:00 - 16:00	<u>Book Now</u>
	Beginner	Friday 6th Sept		17:00 - 18:00	<u>Book Now</u>
	Beginner/Improver			18:00 - 19:00	<u>Book Now</u>
	Beginners	Monday 9th Sept		16:00 - 18:00	<u>Book Now</u>
	Beginner/Improver			17:00 - 18:00	<u>Book Now</u>
	Drop-in & Play	Tuesday 10th Sept		12:00 - 16:00	Book Now
Ultimate Frisbee	Open	Saturday 7th Sept	Indoor Pitch 1/2	12:30 - 13:00	Book Now
		Wednesday 11th Sept	Academy Synthetic	16:00 - 17:30	<u>Book Now</u>
Volleyball	Womens	Thursday 5th Sept	Sports Hall 1, Court C	16:00 - 17:30	Book Now
	Mens	Friday 6th Sept	Sports Hall 1	16:30 - 18:00	Book Now
	Women	Monday 9th Sept	Sports Hall 1, Court C	<u> </u>	Book Now
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