

Sports Taster Sessions					
Day	Date	Session	Location	Time	Link
Tue	9th January	Aikido	Studio 1	7.30 - 9.30pm	Book Now
Sat	13th January	Aikido	Studio 1	5:30 - 7.30pm	Book Now
Sun	14th January	Aikido	Studio 1	1.00 - 3.00pm	Book Now
Tue	16th January	Aikido	Studio 1	7.30 - 9.30pm	Book Now
Sat	20th January	Aikido	Studio 1	5:30 - 7.30pm	Book Now
Sun	21st January	Aikido	Studio 1	1.00 - 3.00pm	Book Now
Tue	9th January	American Football	Outdoor Synthetic	8.00 - 10.00pm	Book Now
Fri	12th January	American Football	Academy Synthetic	8.30 - 10.00pm	Book Now
Tue	16th January	American Football	Outdoor Synthetic	8.00 - 10.00pm	Book Now
Fri	19th January	American Football	Academy Synthetic	8.30 - 10.00pm	Book Now
Fri	12th January	Archery	Sports Hall 2	6.45 - 9.45pm	Book Now
Tue	16th January	Archery	Sports Hall 2	6.45 - 9.45pm	Book Now
Wed	17th January	Archery	Sports Hall 2	12.30 - 3.00pm	Book Now
Fri	19th January	Archery	Sports Hall 2	6.45 - 9.45pm	Book Now
Tue	16th January	Athletics (Campus Run)	Oriam Reception	5.30 - 6.30pm	Book Now
Wed	17th January	Athletics (Track Session)	Saughton Track	3.00 - 4.30pm	Book Now
Fri	19th January	Athletics (Endurance)	Oriam Reception	5.30 - 6.30pm	Book Now
Mon	8th January	Badminton	Sports Hall 1	5.15 - 6.45pm	Book Now
Mon	8th January	Badminton	Sports Hall 2	6.45 - 8.15pm	Book Now
Thu	11th January	Badminton	Sports Hall 2	6.45 - 9.45pm	Book Now
Mon	15th January	Badminton	Sports Hall 1	5.15 - 6.45pm	Book Now
Mon	15th January	Badminton	Sports Hall 2	6.45 - 8.15pm	Book Now
Thu	18th January	Badminton	Sports Hall 2	6.45 - 9.45pm	Book Now
Mon	8th January	Basketball (Men)	Sports Hall 1	5.30 - 7.00pm	Book Now
Tue	9th January	Basketball (Men)	Sports Hall 1	4.00 - 5.30pm	Book Now
Fri	12th January	Basketball (Women)	Sports Hall 1	4.30 - 6.00pm	Book Now
Mon	15th January	Basketball Rec	Sports Hall 2	11.00 - 12.00pm	Book Now
Mon	15th January	Basketball (Men)	Sports Hall 1	5.30 - 7.00pm	Book Now
Tue	16th January	Basketball (Men)	Sports Hall 1	4.00 - 5.30pm	Book Now
Wed	17th January	Basketball Rec	Sports Hall 2	11.00 - 12.00pm	Book Now
Fri	19th January	Basketball Rec	Sports Hall 2	11.00 - 12.00pm	Book Now
Fri	19th January	Basketball (Women)	Sports Hall 1	4.30 - 6.00pm	Book Now
Sat	13th January	Boat (Rowing)	Strathclyde Park	8.00 - 1.00pm	Book Now
Sun	14th January	Boat (Rowing)	Strathclyde Park	8.00 - 1.00pm	Book Now
Sat	20th January	Boat (Rowing)	Strathclyde Park	8.00 - 1.00pm	Book Now
Tue	9th January	Boxing	Sports Hall 2	5.15 - 6.45pm	Book Now
Tue	16th January	Boxing	Sports Hall 2	5.15 - 6.45pm	Book Now
Fri	19th January	Boxing	Sports Hall 2	5.15 - 6.45pm	Book Now
Mon	15th January	Cheerleading (Pom Rec)	Studio 2	6.00 - 7.00pm	Book Now
Wed	17th January	Cheerleading (Mixed)	Studio 1	2.15 - 4.15pm	Book Now
Tue	9th January	Cricket	Academy Synthetic	7.30 - 9.00am	Book Now
Thu	11th January	Cricket	Sports Hall 2	3.00 - 5.00pm	Book Now
Sun	14th January	Cricket	External - James Gillespie HS	9.00 - 10.00am	Book Now
Tue	16th January	Cricket	Academy Synthetic	7.30 - 9.00am	Book Now
Thu	18th January	Cricket	Sports Hall 2	3.00 - 5.00pm	Book Now
Sun	21st January	Cricket	External - James Gillespie HS	9.00 - 10.00am	Book Now
Sat	20th January	Cycling	Glentress	9.30 - 6.00pm	Book Now

Tue	9th January	Dance (Jazz)	Studio 2	5.30 - 6.15pm	Book Now
Tue	9th January	Dance (Street)	Studio 2	6.15 - 7.00pm	Book Now
Wed	10th January	Dance (Lyrical)	Studio 1	1.15 - 2.00pm	Book Now
Wed	10th January	Dance (Ballet)	Studio 1	2.00 - 2.45pm	Book Now
Wed	10th January	Dance (Contemporary)	Studio 1	2.45 - 3.30pm	Book Now
Thu	11th January	Dance (Highland)	Studio 2	5.30 - 6.15pm	Book Now
Thu	11th January	Dance (Tap)	Studio 2	6.15 - 7.00pm	Book Now
Tue	16th January	Dance - Jazz (Rec)	Studio 2	6.15 - 7.00pm	Book Now
Tue	16th January	Dance - Street (Rec)	Studio 2	7.00 - 7.45pm	Book Now
Wed	17th January	Dance - Lyrical (Rec)	Studio 2	2.00 - 2.45pm	Book Now
Wed	17th January	Dance - Ballet (Rec)	Studio 2	2.45 - 3.30pm	Book Now
Wed	17th January	Dance - Contemporary (Rec)	Studio 1	4.15 - 5.00pm	Book Now
Thu	18th January	Dance - Highland (Rec)	Studio 2	6.15 - 7.00pm	Book Now
Thu	18th January	Dance - Tap (Rec)	Studio 2	7.00 - 7.45pm	Book Now
Wed	17th January	Dodgeball	Sports Hall 1	4.00 - 5.30pm	Book Now
Wed	10th January	Equestrian - Intermediate	Lasswade	1.00 - 3.00pm	Book Now
Wed	17th January	Equestrian - Beginners	Lasswade	1.00 - 3.00pm	Book Now
Fri	12th January	Fencing	Sports Hall 2	5.15 - 6.45pm	Book Now
Fri	19th January	Fencing	Sports Hall 2	5.15 - 6.45pm	Book Now
Wed	10th January	Fencing - Beginners	Sports Hall 2	3.00 - 4.30pm	Book Now
Wed	17th January	Fencing - Beginners	Sports Hall 2	3.00 - 4.30pm	Book Now
Fri	19th January	Football (Womens)	Indoor Synthetic	11.00 - 12.00pm	Book Now
Sun	21st January	Football (Sunday 7s)	Outdoor Synthetic	6.00 - 8.00pm	Book Now
Wed	17th January	Futsal (Recreational)	Sports Hall 1	4.00 - 5.30pm	Book Now
Tue	9th January	Gaelic Football	Indoor Synthetic	5.30 - 7.00pm	Book Now
Thu	11th January	Gaelic Football	Outdoor Synthetic	5.30 - 7.00pm	Book Now
Tue	16th January	Gaelic Football	Indoor Synthetic	5.30 - 7.00pm	Book Now
Thu	18th January	Gaelic Football	Outdoor Synthetic	5.30 - 7.00pm	Book Now
Thu	11th January	Golf	Oriam Reception	1.30 - 3.00pm	Book Now
Wed	17th January	Golf	Oriam Reception	1.30 - 3.00pm	Book Now
Wed	17th January	Handball	Sports Hall 1	5.30 - 7.00pm	Book Now
Mon	15th January	Hockey	Peffermill	8.30 - 10.00pm	Book Now
Fri	12th January	Lifting (Power and Weightlifting)	Performance Gym	6.30 - 8.00pm	Book Now
Tue	16th January	Lifting (Weightlifting)	Performance Gym	7.30 - 9.00pm	Book Now
Fri	19th January	Lifting (Power and Weightlifting)	Performance Gym	6.30 - 8.00pm	Book Now
Mon	8th January	Mountaineering (Climbing Wall)	Sports Hall 2	6.00 - 8.00pm	Book Now
Thu	11th January	Mountaineering (Climbing Wall)	Sports Hall 2	5.15 - 6.45pm	Book Now
Mon	15th January	Mountaineering (Climbing Wall)	Sports Hall 2	6.00 - 8.00pm	Book Now
Thu	18th January	Mountaineering (Climbing Wall)	Sports Hall 2	5.15 - 6.45pm	Book Now
Wed	10th January	Netball	Sports Hall 1	1.00 - 2.30pm	Book Now
Wed	17th January	Netball	Sports Hall 1	1.00 - 2.30pm	Book Now
Mon	8th January	Pickleball	Sports Hall 1	2.30 - 3.30pm	Book Now
Mon	15th January	Pickleball	Sports Hall 1	2.30 - 3.30pm	Book Now
Fri	12th January	Racketlon	Oriam Reception	2.00 - 4.00pm	Book Now
Mon	15th January	Rugby (Women)	Outdoor Synthetic	8.30 - 10.00pm	Book Now
Wed	17th January	Rugby (Men)	Indoor Synthetic	12.00 - 1.30pm	Book Now
Wed	17th January	Rugby (Women)	Indoor Synthetic	1.30 - 3.30pm	Book Now

Fri	19th January	Rugby (Women)	Indoor Synthetic	9.00-10.00am	Book Now
Tue	16th January	Snowsports	Hillend	7.30 - 9.00pm	Book Now
Mon	8th January	Squash (Beginnners)	Squash Courts	5.30 - 6.30pm	Book Now
Mon	8th January	Squash (Intermediate)	Squash Courts	6.30 - 7.30pm	Book Now
Tue	9th January	Squash (Club Night)	Squash Courts	6.30 - 8.30pm	Book Now
Mon	15th January	Squash (Beginnners)	Squash Courts	5.30 - 6.30pm	Book Now
Mon	15th January	Squash (Intermediate)	Squash Courts	6.30 - 7.30pm	Book Now
Tue	16th January	Squash (Club Night)	Squash Courts	6.30 - 8.30pm	Book Now
Thu	11th January	Swimming	External - James Gillespie HS	8.45 - 9.45pm	Book Now
Mon	15th January	Swimming	External - Queensferry HS	8.00 - 9.30pm	Book Now
Fri	12th January	Table Tennis	Studio 1	6.30 - 8.30pm	Book Now
Fri	19th January	Table Tennis	Studio 1	6.30 - 8.30pm	Book Now
Thu	11th January	Taekwondo	Studio 1	7.15 - 9.45pm	Book Now
Mon	15th January	Taekwondo	Studio 1	7.45 - 9.45pm	Book Now
Thu	18th January	Taekwondo	Studio 1	7.15 - 9.45pm	Book Now
Mon	8th January	Tennis (Beginners)	Courts 3-6	5.00 - 6.30pm	Book Now
Mon	8th January	Tennis (Improvers/Intermediate)	Courts 3-6	6.30 - 8.00pm	Book Now
Wed	10th January	Tennis (Beginners)	Courts 3-6	3.00 - 4.30pm	Book Now
Wed	10th January	Tennis (Improvers/Intermediate)	Courts 3-6	4.30 - 6.00pm	Book Now
Mon	15th January	Tennis (Beginners)	Courts 3-6	5.00 - 6.30pm	Book Now
Wed	17th January	Tennis (Beginners)	Courts 3-6	3.00 - 4.30pm	Book Now
Mon	15th January	Tennis (Improvers/Intermediate)	Courts 3-6	6.30 - 8.00pm	Book Now
Wed	17th January	Tennis (Improvers/Intermediate)	Courts 3-6	4.30 - 6.00pm	Book Now
Wed	10th January	Ultimate Frisbee	Academy Synthetic	4.00 - 5.30pm	Book Now
Wed	17th January	Ultimate Frisbee	Academy Synthetic	4.00 - 5.30pm	Book Now
Mon	8th January	Volleyball	Sports Hall 1	4.00 - 5.30pm	Book Now
Wed	10th January	Volleyball	Sports Hall 1	2.30 - 4.00pm	Book Now
Fri	12th January	Volleyball	Sports Hall 1	4.30 - 6.00pm	Book Now