

FITNESS					
Day	Date	Session	Location	Time	Link
Fri	12th January	Bike Bothy Workshop	Bike Bothy	11.30 - 1.30am	<a href="#">Book Now</a>
Mon	15th January	Open Gym Hour	Fitness Suite	10.00 - 11.00am	<a href="#">Book Now</a>
		Active Campus Tour	Student Union	12.00 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (Body Pump)	Studio 1	12.15 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (Yoga)	Studio 2	12.15 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (Body Pump)	Studio 1	5.05 - 5.50pm	<a href="#">Book Now</a>
		Group Fitness (GRIT)	Studio 1	6.00 - 6.45pm	<a href="#">Book Now</a>
Tue	16th January	Group Fitness (Combat)	Studio 1	6.45 - 7.30pm	<a href="#">Book Now</a>
		Open Gym Hour	Fitness Suite	10.00 - 11.00am	<a href="#">Book Now</a>
		Active Campus Tour	Student Union	12.00 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (Zumba)	Studio 1	12.15 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (Cycle)	Spin Studio	12.15 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (Cycle)	Spin Studio	6.00 - 6.45pm	<a href="#">Book Now</a>
Wed	17th January	Group Fitness (Pilates)	Studio 1	6.45 - 7.30pm	<a href="#">Book Now</a>
		Open Gym Hour	Fitness Suite	10.00 - 11.00am	<a href="#">Book Now</a>
		Active Campus Tour	Student Union	12.00 - 1.00pm	<a href="#">Book Now</a>
		Learn to Lift (Open)	Oriam Reception	12.30 - 1.30am	<a href="#">Book Now</a>
		Group Fitness (Yoga)	Studio 1	12.15 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (GRIT)	Studio 1	6.00 - 6.45pm	<a href="#">Book Now</a>
Thu	18th January	Group Fitness (Combat)	Studio 1	6.45 - 7.30pm	<a href="#">Book Now</a>
		Open Gym Hour	Fitness Suite	10.00 - 11.00am	<a href="#">Book Now</a>
		Active Campus Tour	Student Union	12.00 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (Zumba)	Studio 1	12.15 - 1.00pm	<a href="#">Book Now</a>
		Group Fitness (Body Pump)	Studio 1	5.30 - 5.15pm	<a href="#">Book Now</a>
Fri	19th January	Group Fitness (Yoga)	Studio 2	4.30 - 5.15pm	<a href="#">Book Now</a>
		Open Gym Hour	Fitness Suite	10.00 - 11.00am	<a href="#">Book Now</a>
Sat	20th January	Active Campus Tour	Student Union	12.00 - 1.00pm	<a href="#">Book Now</a>
		Edinburgh Winter Run	Holyrood Park	11am	<a href="#">Book Now</a>
Wed	24th January	Learn to Lift (Women)	Oriam Reception	12.30 - 1.30am	<a href="#">Book Now</a>