

Sports Union Club Taster Schedule

All sessions **must be booked** through the Sports Union Eventbrite Page. This can be accessed through the Our Oriam app (QR Code below)
Details correct at time of printing. **All sessions are subject to change.** Live detail available on the session page on Eventbrite. Some sessions are at external facilities - meet time, location and transport information available on the session page.



Download the Our Oriam App



Sport	Activity	Date	Time	Location
Aikido	Open	Sunday 10th Sept	12:45-15:00	Studio 1
		Tuesday 12th Sept	19.30-21.30	
American Football	Open	Thursday 7th Sept	15.30-17.30	Indoor Pitch
		Tuesday 12th Sept	20.30-22.00	Outdoor Synthetic
	Flag	Wednesday 13th Sept	14.30-16.00	Academy
Archery	Open	Friday 8th Sept	19.00-21.45	SH2
	Open	Saturday 9th Sept	15.00-18.00	
Athletics	Social Run	Thursday 7th Sept	16.00 - 17.30	Orium Reception
	Sprints/Hills	Monday 11th Sept	17.00-18.00	
	Track	Wednesday 13th Sept	15:00 - 16:30	Saughton
	Recovery	Friday 15th Sept	16.00-17.00	Studio 2
Badminton	Beginners	Thursday 7th Sept	17.15-18.30	SH2
	Intermediate		18.30-20.00	
	Open	Saturday 9th Sept	12:00-13:30	
Basketball	Womens	Friday 8th Sept	16.30-18.00	SH1 A
	Mens	Saturday 9th September	13.00-14.30	SH1
Boat	Open	Thursday 7th Sept	12.00-16.00	Canal
		Friday 8th Sept	12.00-16.00	Strathclyde Park
		Saturday 9th Sept	09:00 - 12:00	
		Sunday 10th Sept	09:00 - 12:00	
Boccia	Open	Monday 11th Sept	15:00 - 16:30	SH1 A
Boxing	Open	Friday 8th Sept	16.00-17.30	SH2
		Monday 11th Sept	17.15-18.45	
Cheerleading	Pom	Thursday 7th Sept	16.00-17.30	Studio 1
	Open	Sunday 10th Sept	18.00-21.00	
Cricket	Open	Thursday 7th Sept	20.30-22.00	Academy
	Nets	Sunday 10th Sept	13.00-16.00	
Cycling	Mountain	Saturday 9th Sept	11:00-17:00	Pentlands
	Road	Sunday 10th Sept	11:00-14:00	Orium Reception
Dance	Contemp	Thursday 7th Sept	15:00-16:00	Studio 1
	Jazz		16:30-17:30	Studio 2
	Ballet		18:30-19:30	
	Lyrical		19:30-20:30	
	Highland		20:30-21:30	
	Street		17:00-18:00	
Equestrian	Open	Wednesday 13th Sept	TBC	TBC
	Open			
Fencing	Open	Friday 8th Sept	17.30-18:45	SH2
		Monday 4th Sept	17.30-19.00	Indoor Pitch
Football	Mens		19.00-20.30	Academy
	Womens	Thursday 7th Sept	16.00-17.30	SH1 A
Futsal	Open		14.30-16.30	
Gaelic Football	Open	Thursday 7th Sept	17.30-19.00	Outdoor Synthetic
		Tuesday 12th Sept	17.30-19.00	Indoor Pitch
Golf	Driving Range	Thursday 7th Sept	13.00-15.00	Braid Hills DR
Handball	Open	Thursday 7th Sept	20.00-21.45	SH2
Hockey	Open	Monday 11th Sept	20:30 - 22:00	Peffermill Astro
Ice Skating	Ice Skating	Saturday 16th Sept	11:00-13:00	Murrayfield Ice Rink
		Sunday 10th Sept	10:00-15:00	
Kayak	Open	Tuesday 12th Sept	20:00 - 21:30	Harlaw Resovoir
	Pool session			
Lifting	Power	Friday 8th Sept	18:15-19:15	Performance Gym
	Weight		19:15-20:15	
Mountaineering	Climbing	Friday 8th Sept	12:00 - 16:00	Alien Rock
	Trip	Saturday 9th Sept	09:00:13:00	Pentlands
	Wall Session	Monday 11th Sept	17.00-21.00	SH2
Netball	Open	Thursday 7th Sept	17.30-19.00	SH1
Rugby	Womens	Thursday 7th Sept	16.00-17.30	Indoor Pitch
		Friday 8th Sept	15.00-17.00	
Snowsports	Beginners & Intermediate	Saturday 9th Sept	11:00-13:00	Hillend
	Ski Race & Freestyle	Saturday 16th Sept	11:00-13:00	
	Rec Session	Saturday 23rd Sept	TBC	
Squash	Womens	Friday 8th Sept	15.30-16.30	Squash Courts
	Beginners		16.30-17.30	
	Intermediate		17.30-18.30	
Swimming	Open	Thursday 7th Sept	20:45 - 21:45	James Gillespie HS
		Friday 8th Sept	20:30 - 21:45	Queensferry HS
		Sunday 10th Sept	12.30-14.30	Studio 1 & SQ 5+6
Table Tennis	Open	Friday 8th Sept	19:00-21:00	Studio 1
Taekwondo	Open	Thursday 7th Sept	19.15-21.45	Thitsle Tennis
Tennis	Open	Friday 8th Sept	12:00-16:30	Outdoor Synthetic
Ultimate Frisbee	Open	Thursday 7th Sept	16.00-17.30	SH1
Volleyball	Womens	Thursday 7th Sept	16.00-17.30	
		Friday 8th Sept	16.30-18.00	