

## Sports Union Club Taster Schedule

All sessions **must be booked** through the Sports Union Eventbrite Page. This can be accessed through the Our Oriam app (QR Code below)  
Details correct at time of printing. **All sessions are subject to change.** Live detail available on the session page on Eventbrite. Some sessions are at external facilities - meet time, location and transport information available on the session page.



**Orium**  
SCOTLAND'S SPORT  
PERFORMANCE CENTRE

[Download the Our Oriam App](#)



Sport	Activity	Date	Time	Location
Aikido	Open	Sunday 10th Sept	12.45-15:00	Studio 1
		Tuesday 12th Sept	19.30-21.30	
American Football	Open	Thursday 7th Sept	15.30-17.30	Indoor Pitch
		Tuesday 12th Sept	20.30-22.00	Outdoor Synthetic
		Wednesday 13th Sept	14.30-16.00	Academy
Archery	Open	Friday 8th Sept	19.00-21.45	SH2
		Saturday 9th Sept	15.00-18.00	
Athletics	Social Run	Thursday 7th Sept	16.00 - 17.30	Orium Reception
	Sprints/Hills	Monday 11th Sept	17.00-18.00	
	Track	Wednesday 13th Sept	15:00 - 16:30	
	Recovery	Friday 15th Sept	16.00-17.00	
Badminton	Beginners	Thursday 7th Sept	17.15-18.30	SH2
	Intermediate		18.30-20.00	
	Open		12.00-13.30	
Basketball	Womens	Friday 8th Sept	16.30-18.00	SH1 A
	Mens	Saturday 9th September	13.00-14.30	SH1
Boat	Open	Thursday 7th Sept	12.00-16.00	Canal
		Friday 8th Sept	12.00-16.00	
		Saturday 9th Sept	09:00 - 12:00	
Boccia	Open	Sunday 10th Sept	09:00 - 12:00	Strathclyde Park
		Monday 11th Sept	15:00 - 16:30	
Boxing	Open	Friday 8th Sept	16.00-17.30	SH2
		Monday 11th Sept	17.15-18.45	
Cheerleading	Pom	Thursday 7th Sept	16.00-17.30	Studio 1
	Open	Sunday 10th Sept	18.00-21.00	
Cricket	Open	Thursday 7th Sept	20.30-22.00	Academy
		Sunday 10th Sept	13.00-16.00	
Cycling	Mountain	Saturday 9th Sept	11.00-17.00	Pentlands
	Road	Sunday 10th Sept	11.00-14.00	Orium Reception
	Contemp	Thursday 7th Sept	15.00-16.00	Studio 1
Dance	Jazz		16.30-17.30	Studio 2
	Ballet		18.30-19.30	
	Lyrical		19.30-20.30	
	Highland		20.30-21.30	
	Street		17.00-18.00	
Equestrian	Open	Wednesday 13th Sept	TBC	TBC
Fencing	Open	Friday 8th Sept	17.30-18.45	SH2
		Monday 4th Sept	17.30-19.00	Indoor Pitch
Football	Mens	Monday 4th Sept	19.00-20.30	Academy
	Womens		16.00-17.30	SH1 A
Futsal	Open	Thursday 7th Sept	16.00-17.30	SH1 A
		Saturday 9th Sept	14.30-16.30	
Gaelic Football	Open	Thursday 7th Sept	17.30-19.00	Outdoor Synthetic
		Tuesday 12th Sept	17.30-19.00	Indoor Pitch
Golf	Driving Range	Thursday 7th Sept	13.00-15.00	Braid Hills DR
Handball	Open	Thursday 7th Sept	20.00-21.45	SH2
Hockey	Open	Monday 11th Sept	20.30 - 22.00	Peffermill Astro
Ice Skating	Ice Skating	Saturday 16th Sept	11.00-13.00	Murrayfield Ice Rink
Kayak	Open	Sunday 10th Sept	10.00-15.00	Harlaw Reservoir
	Pool session	Tuesday 12th Sept	20.00 - 21.30	
Lifting	Power	Friday 8th Sept	18.15-19.15	Performance Gym
	Weight		19.15-20.15	
Mountaineering	Trip	Saturday 9th Sept	09:00-13:00	Pentlands
		Monday 11th Sept	17.00-21.00	
Netball	Open	Thursday 7th Sept	17.30-19.00	SH1
Rugby	Womens	Thursday 7th Sept	16.00-17.30	Indoor Pitch
		Friday 8th Sept	15.00-17.00	
Snowsports	Beginners & Intermediate	Saturday 9th Sept	11.00-13.00	Hillend
	Ski Race & Freestyle	Saturday 16th Sept	11.00-13.00	
	Rec Session	Saturday 23rd Sept	TBC	
Squash	Womens	Friday 8th Sept	15.30-16.30	Squash Courts
	Beginners		16.30-17.30	
Swimming	Open	Thursday 7th Sept	17.30-18.30	James Gillespie HS
		Friday 8th Sept	20.45 - 21.45	
		Sunday 10th Sept	12.30-14.30	
Table Tennis	Open	Friday 8th Sept	19.00-21.00	Queensferry HS
Taekwondo	Open	Thursday 7th Sept	19.15-21.45	Studio 1 & SQ 5+6
Tennis	Open	Friday 8th Sept	12.00-16.30	Studio 1
Ultimate Frisbee	Open	Thursday 7th Sept	16.00-17.30	Thistle Tennis
Volleyball	Womens	Thursday 7th Sept	16.00-17.30	Outdoor Synthetic
		Friday 8th Sept	16.30-18.00	



